

[LOW CALORIE COOKIE DOUGH RECIPE](#)



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Low Calorie Edible Chocolate Chip Cookie Dough Recipe

If you love cookie dough, like to eat it raw, and are looking to cut out a few calories while still enjoying your favorite treat this recipe is for you!

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Chocolate Chip Cookies Low Calorie Baking Recipes Lo

Super healthy sweet snacks are one thing, but low calorie chocolate chip cookies which are also magically without high carbs - what a sweet bit of news. Low calorie snack recipes with Lo-Dough as your baking alternative. Join the Lo-Dough train today. Recipe here.

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Sugar Free Low Carb Cookie Dough Chocolate Chip

That's why I thought it was time to make edible healthy cookie dough and took inspiration from Keto chocolate chip cookies. Obviously, as this recipe is a no bake dough, it does not contain egg. Whether it's miserable outside wherever you are or you just NEED A BREAK FROM IT ALL, a lil bit of cookie dough will seriously brighten your day.

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Low Calorie Cookie Dough la liza com

How To Best Enjoy The Healthy Low-Calorie Cookie Dough Enjoy it right out of the container: just take out a few scoops for a dessert! Have some for breakfast: my favorite breakfast is fruit & fat-free Greek yogurt.

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Low Calorie Recipes from Lo Dough Lo Dough

Low calorie pizza recipes, wraps and sandwiches, pastry and low-carb bread. Lo-Dough turns bread on its head and allows you to enjoy all the best foods without the high calories and fats. Check out these recipes now

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Single Serving Chocolate Chip Protein Cookie Dough Recipe

Cookies n cream or chocolate chip cookie dough! Although I hated bits in my food at that age, like blueberries in muffins or onions in marinara sauce, I always made an exception for extra dessert in my ice cream.

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Skinny Edible Chocolate Chip Cookie Dough Whole Wheat

Here, I've taken the best parts of edible cookie dough and put my own little healthy twists on it to make it a even more guilt-free. I swapped out regular flour for whole wheat white flour, and used dark chocolate chips in place of semi-sweet or milk chocolate. I also used a natural calorie free sweetener instead of most of the sugar. I did leave a little bit of brown sugar in there to keep that rich 'golden' taste that chocolate chip cookie dough tends to have.

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